

**UPMC Advantage****Catastrophic \$7,150/\$0 - Select Network EPO****Deductible:** \$7,150 / \$14,300**Coinsurance:** 0%**Total Annual Out-of-Pocket:** \$7,150 / \$14,300**Primary Care Provider:** \$0 after the Deductible; First 3 PCP visits are \$35 Copayment per visit not subject to Deductible**Specialist:** \$0 after Deductible**Emergency Department:** \$0 after Deductible**Rx:** \$0/\$0/\$0/\$0 after Deductible

This document is your Schedule of Benefits. If you enroll in this plan, this Schedule of Benefits will be an important part of your Policy. Your Policy describes in detail the services your plan covers, while the Schedule of Benefits describes what you pay for those services.

For Covered Services to be paid at the level described in your Schedule of Benefits, they must be Medically Necessary. They must also meet all other criteria described in your Policy. Criteria may include Prior Authorization requirements.

Please note that your plan may not cover all of your health care expenses, such as copayments and coinsurance. To understand what your plan covers, review your Policy. You may also have service area documents that expand or restrict your benefits.

If you have any questions about your benefits, or would like to find a Participating Provider near you, visit [www.upmchealthplan.com](http://www.upmchealthplan.com). You can also call UPMC Health Plan Member Services at the phone number on the back of your member ID card.

**For more information on your plan, please refer to the final page of this document.**

Plan Information	Participating Provider
Benefit Period	Calendar Year
Primary Care Provider (PCP) Required	Encouraged, but not required
Pre-Certification and Prior Authorization Requirements	Provider Responsibility

Member Cost Sharing	Participating Provider
<b>Annual Deductible</b>	
Individual	\$7,150
Family	\$14,300
Your plan has an embedded Deductible, which means the plan pays for covered benefits in these two scenarios — whichever comes first:	
*When an individual within a family reaches his or her individual Deductible. At this point, only that person is considered to have met the Deductible; OR	
*When a combination of family members' expenses reaches the family Deductible. At this point, all covered family members are considered to have met the Deductible.	
Deductible applies to all Covered Services you receive during the Benefit Period, unless the service is specifically excluded.	

<b>Member Cost Sharing</b>	<b>Participating Provider</b>
<b>Coinsurance</b>	
	You pay \$0 after Deductible.
	Copayments may apply to certain Participating Provider services.
<b>Total Annual Out-of-Pocket Limit</b>	
Individual	\$7,150
Family	\$14,300
Your plan has an embedded Out-of-Pocket Limit, which means the Out-of-Pocket Limit is satisfied in one of two ways — whichever comes first:	
<p>*When an individual within a family reaches his or her individual Out-of-Pocket Limit. At this point, only that person will have benefits covered at 100% for the remainder of the Benefit Period; OR</p> <p>*When a combination of family members' expenses reaches the family Out-of-Pocket Limit. At this point, all covered family members are considered to have met the Out-of-Pocket Limit and Covered Services will be paid at 100% for the remainder of the Benefit Period.</p>	
Out-of-Pocket costs (Copayments, Coinsurance, and Deductibles) for Covered Services apply toward satisfaction of the Out-of-Pocket Limit specified in this Schedule of Benefits.	

<b>Preventive Services</b>	<b>Participating Provider</b>
<b>Preventive Services will be covered in compliance with requirements under the Affordable Care Act (ACA). Please refer to the Preventive Services Reference Guide for additional details.</b>	
<b>Pediatric Care and Immunizations</b>	
Preventive/health screening examination	Covered at 100%; you pay \$0.
Pediatric immunizations	Covered at 100%; you pay \$0.
Well-baby visits	Covered at 100%; you pay \$0.
Pediatric dental and vision services	Log in to MyHealth OnLine or call Member Services at the number on the back of your Member ID card.
<b>Adult Care and Immunizations</b>	
Preventive/health screening examination	Covered at 100%; you pay \$0.
Adult immunizations required by the ACA to be covered at no cost-sharing	Covered at 100%; you pay \$0.
<b>Women's Care</b>	
Screening gynecological exam	Covered at 100%; you pay \$0.
Screening Pap test and screening mammogram	Covered at 100%; you pay \$0.

Covered Services	Participating Provider
<b>Hospital Services</b>	
Semi-private room, private room (if Medically Necessary and appropriate), surgery, pre-admission testing	You pay \$0 after Deductible.
Outpatient/ambulatory surgery	You pay \$0 after Deductible.
Observation stay	You pay \$0 after Deductible.
Maternity	You pay \$0 after Deductible.
<b>Emergency Services</b>	
<b>If you would like to speak to a registered nurse about a specific health concern, call our UPMC MyHealth 24/7 Nurse Line at 1-866-918-1591. You may also send an email using the Web Nurse Request system at <a href="http://www.upmchealthplan.com">www.upmchealthplan.com</a>.</b>	
Emergency department	You pay \$0 after Deductible.
Emergency transportation	You pay \$0 after Deductible.
Urgent care facility	You pay \$0 after Deductible.
<b>Physician Surgical Services</b>	
	You pay \$0 after Deductible.
<b>Provider Medical Services</b>	
Inpatient medical care visits, intensive medical care, consultation, and newborn care	You pay \$0 after Deductible.
Adult immunizations not required to be covered by the ACA	You pay \$0 after Deductible.
Primary care provider office visit	You pay \$0 after the Deductible; First 3 PCP visits are \$35 Copayment per visit not subject to Deductible.
Specialist office visit	You pay \$0 after Deductible.
Convenience care visit	You pay \$0 after the Deductible; First 3 PCP visits are \$35 Copayment per visit not subject to Deductible.
Virtual Visit - Level 1(e.g., non-specialist)	You pay \$0 after Deductible.
Virtual Visit - Level 2 (e.g., specialist)	You pay \$0 after Deductible.
<b>Allergy Services</b>	
Treatment, injections, and serum	You pay \$0 after Deductible.
<b>Diagnostic Services</b>	
Advanced imaging (e.g., PET, MRI, etc.)	You pay \$0 after Deductible.
Other imaging (e.g., x-ray, sonogram, etc.)	You pay \$0 after Deductible.
Lab	You pay \$0 after Deductible.
Diagnostic testing	You pay \$0 after Deductible.
<b>Rehabilitation Therapy Services</b>	
Physical and occupational therapy	You pay \$0 after Deductible.
	Covered up to 30 visits per Benefit Period for both therapies combined.
Speech therapy	You pay \$0 after Deductible.
	Covered up to 30 visits per Benefit Period.
Cardiac rehabilitation	You pay \$0 after Deductible.
	Covered up to 36 visits per Benefit Period.
Pulmonary rehabilitation	You pay \$0 after Deductible.
	Covered up to 36 visits per Benefit Period.

Covered Services	Participating Provider
<b>Habilitation Therapy Services</b>	
Physical and occupational therapy	You pay \$0 after Deductible.
	Covered up to 30 visits per Benefit Period for both therapies combined.
Speech therapy	You pay \$0 after Deductible.
	Covered up to 30 visits per Benefit Period.
<b>Medical Therapy Services</b>	
Chemotherapy, radiation therapy, dialysis therapy	You pay \$0 after Deductible.
Injectable, infusion therapy, or other drugs administered or provided by a medical professional in an outpatient or office setting	You pay \$0 after Deductible.
<b>Pain Management</b>	
Pain management program	You pay \$0 after Deductible.
<b>Mental Health and Substance Abuse Services</b>	
Contact UPMC Health Plan Behavioral Health Services at 1-888-251-0083	
Inpatient (e.g., detoxification, etc.)	You pay \$0 after Deductible.
Inpatient non-hospital residential services	You pay \$0 after Deductible.
Outpatient (e.g., rehabilitation, therapy, etc.)	You pay \$0 after Deductible.
<b>Other Medical Services</b>	
Acupuncture	You pay \$0 after Deductible.
	Covered up to 12 visits per Benefit Period. Refer to the Policy for specific Benefit Limitations.
Corrective appliances	You pay \$0 after Deductible.
Dental services related to accidental injury	You pay \$0 after Deductible.
Durable medical equipment	You pay \$0 after Deductible.
Fertility testing	You pay \$0 after Deductible.
Home health care	You pay \$0 after Deductible.
	Covered up to 60 days per Benefit Period. Refer to Policy for specific Benefit Limitations.
Hospice care	You pay \$0 after Deductible.
Infertility Services	You pay \$0 after Deductible.
	Limited to artificial insemination. Refer to the Policy for specific Benefit Limitations.
Medical nutrition therapy	You pay \$0 after Deductible.
	Refer to Policy for specific Benefit Limitations
Nutritional counseling	You pay \$0 after Deductible.
	Covered up to six visits per Benefit Period. Refer to the Policy for specific Benefit Limitations.
Nutritional products	You pay \$0 after Deductible.
	Refer to the Policy for specific Benefit Limitations. Nutritional Products for the treatment of PKU and related disorders are covered at 100%, not subject to Deductible.
Oral surgical services	You pay \$0 after Deductible.
	Refer to Policy for specific Benefit Limitations.
Podiatry care	You pay \$0 after Deductible.
	Refer to the Policy for specific Benefit Limitations.

Covered Services	Participating Provider
Skilled nursing facility	You pay \$0 after Deductible.
	Covered up to 120 days per Benefit Period. Refer to the Policy for specific Benefit Limitations.
Therapeutic manipulation	You pay \$0 after Deductible.
	Covered up to 20 visits per Benefit Period. Refer to the Policy for specific Benefit Limitations.
<b>Diabetic Equipment, Supplies, and Education</b>	
Diabetic equipment and supplies	
Glucometer, test strips, and lancets, insulin and syringes	Must be obtained at a Participating Pharmacy. See applicable Prescription Schedule of Benefits for coverage information.
Diabetic education	You pay \$0 after Deductible.

<b>Prescription Drug Coverage</b>	
<b>For additional information on your pharmacy benefits, please reference your Prescription Drug Schedule of Benefits.</b> <b>The Advantage Choice pharmacy program will apply (mandatory generic).</b> <b>Subject to Plan Deductible</b> <b>Not UPMC Health Plan has determined that your prescription drug benefit plan constitutes Creditable coverage.</b>	
Retail prescription drug <ul style="list-style-type: none"> <li>Prescriptions must be dispensed by a participating pharmacy</li> <li>30-day supply</li> </ul>	You pay \$0 Copayment after Deductible for generic drugs. You pay \$0 Copayment after Deductible for preferred brand drugs. You pay \$0 Copayment after Deductible for non-preferred brand drugs.  90-day maximum retail supply available for three copayments
Specialty prescription drug <ul style="list-style-type: none"> <li>Specialty medications are limited to a 30-day supply</li> <li>Most specialty medications must be filled at our contracted specialty pharmacy provider (list available upon request)</li> </ul>	You pay \$0 for specialty drugs after Deductible. 30-day maximum supply
Mail-order prescription drug <ul style="list-style-type: none"> <li>A three-month supply (up to 90 days) of medication may be dispensed through the contracted mail-service pharmacy</li> </ul>	You pay \$0 Copayment after Deductible for generic drugs. You pay \$0 Copayment after Deductible for preferred brand drugs. You pay \$0 Copayment after Deductible for non-preferred brand drugs. 90-day maximum mail-order supply
If the brand-name drug is dispensed instead of the generic equivalent, you must pay the copayment associated with the brand-name drug as well as the price difference between the brand-name drug and the generic drug.	

The capitalized words and phrases in this Schedule of Benefits mean the same as they do in your Policy. Also, the headings under the Covered Services section are the same as those in your Policy.

At all times, UPMC Health Plan administers the coverage described in this document in full compliance with applicable

laws and regulations. If any part of this Schedule of Benefits conflicts with any applicable law, regulation, or other controlling authority, the requirements of that authority will prevail.

Your plan documents will always include the Schedule of Benefits, the Policy, and the Summary of Benefits and Coverage (SBC). You'll find these documents at **[www.upmchealthplan.com](http://www.upmchealthplan.com)**. If you have questions, call Member Services.

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